

From my Study.

Overwhelmed Joy of thoughts.

May your growth be like that of the trees, whose secret is patience.

May your healing be like that of the forests, whose secret is regeneration.

May your blooming be like that of the flowers, whose secret is individuality.

May your blossoming be like that of the seeds, whose secret is transformation.

May your shining be like that of the stars, whose secret is remaining bright amongst the darkness.

May your energy be like that of the sun, whose secret is sourcing its light from within.

May your mood be like that of the Earth, whose secret is remaining steady and grounded.

May your transitions be like that of the moon.

Whose secret is remaining beautiful and light through each new phase of life, may your movement be like that of the breeze whose secret is gentleness and ease.

May your path be like that of the rivers, whose secret is flowing freely with non-resistance.

And may your mind be like that of the ocean, whose secret is being able to calm itself.

And return to being still, quiet and at peace.

The fate of your heart lies not in past heartbreak.

The fate of your dreams lies not in past failure.

The fate of your happiness lies not in past pain or sadness.

May the LORD answer you when you are in distress; may the name of the God of Jacob protect you.

May he send you help from the sanctuary and grant you support from Zion.

May he remember all your sacrifices and accept your burnt offerings.

May he give you the desire of your heart and make all your plans succeed.

May we shout for joy over your victory and lift up our banners in the name of our God. May the LORD grant all your requests.

Now this I know: The LORD gives victory to his anointed. He answers him from his heavenly sanctuary with the victorious power of his right hand.

Some trust in chariots and some in horses, but we trust in the name of the LORD our God.

They are brought to their knees and fall, but we rise up and stand firm.

LORD, give victory to the king! Answer us when we call! Amen!! Psalm 20

Perhaps your life hasn't turned out how you would like. You have made all of your plans, only to watch them blow up in your face. Maybe you've prayed ceaselessly for something or someone, but it doesn't seem like God is listening.

Wherever you find yourself, take heart in knowing that God is in control. He sees you. He knows your hopes and dreams, fears and struggles, and He is walking alongside you, fulfilling His purpose for your life. God has plans for our circuit through our covenant with Him. He has promised and He will never fail.

God bless.

George

Resources / Good News

Easter Resources

A free downloadable resource for the season of Easter. This provides seven sessions of material for a whole church to have conversations in small groups all together around worship during the season of Easter in an 'American style' Sunday school. Click here for more info.

[Lent and Easter Resources \(methodist.org.uk\)](http://methodist.org.uk)

Good News Reporting – Jill Dando’s Legacy

Jill Dando, whose life was tragically cut short in 1999, is the inspiration behind *Jill Dando News* and the *Good News Post*. Hundreds of 8 to 18 year olds are being trained in real life journalism and good news stories worldwide are being written in her style and memory. Read more at <https://goodnewspost.co.uk/>